



VERDE VALLEY CYCLISTS COALITION

P.O.Box 20332
Sedona Arizona 86341
www.vvcc.us

VVCC Ride Leader Checklist

Pre-Ride

- VVCC and VVCC Ride Meetup Group Member?
- Ride details scheduled on VVCC's MeetUp.
- Equipment check (tubes, patch kit, food, water, first aid kit)
- Introductions (you, the VVCC, participants) – make everyone feel welcome
- [Waivers](#) signed online by VVCC non-members
- Notification to non-VVCC members that they aren't covered under the VVCC's liability insurance after their first ride
- Helmets on every head
- Expectations set
- Riders to notify the ride leader if they're going to modify their ride (turn around early, add an extra leg, etc.)
- Riders counted
- Sweep designated
- Start on time

During the Ride

- Expect the unexpected
- Lost rider procedures
- Stick to advertised pace
- Manage mechanicals/injuries
- All riders accounted for at regroupings
- Keep it fun

Après Ride

- All riders accounted for
- Thank everyone for coming
- Make sure everyone knows how to get home
- Remind non-members to check out www.vvcc.us
- Adjourn to a local restaurant for refreshments